

Where the end becomes a beginning

ADDICTION RESOURCE CENTER

Serving Sagadahoc, Lincoln,
and Cumberland Counties

"I never realized how much my drinking ran my life and my family's life. I'm so glad we're getting help."

S.P., Bath

"I was in a fog when I got here, so I don't remember everything those first few days. I do remember the person I spoke to on the phone was very nice and I did not have to wait to get in."

D.K., Wiscasset

"I wasn't ready for help in the past; but this time, I really wanted to change the way I feel about myself."

M.S., Lincoln County

"The best thing about ARC is having counselors help me find my way, not trying to do it for me."

M.B., Topsham

"I got lots of factual information at ARC. I've learned better communication skills, increased my level of awareness, and gained confidence in myself. I realized I am not alone!"

B.B., Brunswick

"The staff is helpful and respectful. They really care that we are successful. I'm glad I was given the push to come here. (I never thought I'd say that!)"

A.S., Bath

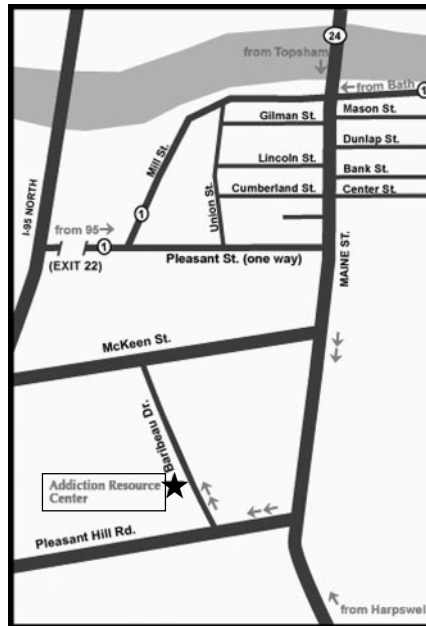


MID COAST HOSPITAL Addiction Resource Center

Two Convenient Locations!

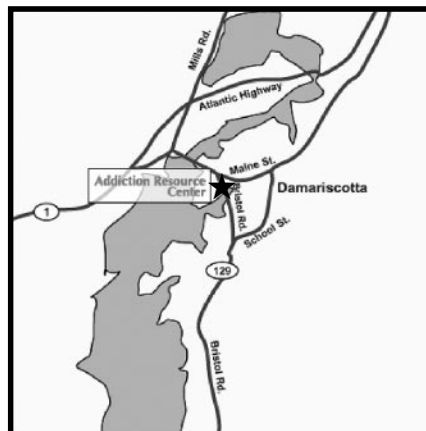
Brunswick (207) 373-6950

66 Baribeau Drive, Brunswick, Maine 04011



Damariscotta (207) 563-2311

20 Bristol Road, Damariscotta, Maine 04543



For a lifetime of caring

MID COAST HOSPITAL

Turn to us for help



ADDICTION RESOURCE CENTER

*There is no charge
for an initial screening*

Assessments that follow the screening
can be billed to your insurance
or clients may self-pay at time of service.

- *Do you take drugs or rely on alcohol too much?*
- *Do you need more information or want help?*
- *Are you concerned about someone else's substance abuse?*
- *Are you affected by a loved one's drinking or drug taking?*

Call or walk in TODAY!

Here's how we can help

ADDICTION RESOURCE CENTER (ARC) offers a full range of professional treatment services to persons with alcohol or drug-related problems. We also provide services to those affected by someone else's alcohol or drug use. Additionally, we treat persons with substance abuse problems and mental health issues.

Our services are available in Brunswick and Damariscotta.

Assessment Services

Our staff of professionals include licensed alcohol and drug counselors, licensed clinical professional counselors, licensed social workers, a medical director, and a psychiatrist.

We conduct an assessment with every client and recommend treatment options for problem usage, harmful drinking and drug use patterns, and dependency and addiction.

At Addiction Resource Center, we recognize that it is up to the client to choose what actions to take, and we assist each one in making the best decision.

*Licensed by Maine State Office of Substance Abuse
Accredited by the Joint Commission • Certified by DEEP*

Treatment Services

- Individual, Family, and Group Counseling
- Day Intensive Outpatient Program
- Evening Intensive Outpatient Program
- Relapse Prevention
- Adolescent Treatment Services
- Medication Assisted Treatment
- Outreach to Pregnant Women and New Mothers with Substance Abuse Problems
- Programs for Persons with Mental Health and Drinking or Drug Problems

Individualized Treatment Planning

Since we know that one approach doesn't work for everyone, we tailor treatment recommendations to the needs of each person.

Medication Assisted Treatment

Medication Assisted treatment is state-of-the-science care for those physically addicted to opiates and/or alcohol.

These services stop withdrawal and relieve cravings so clients can have the best chance to engage in treatment.

Referral Policy

We closely coordinate referrals from mental health and other service providers to maintain continuity of service. We include referring providers in discharge planning following Addiction Resource Center treatment.

Payment for Services

Addiction Resource Center is an approved provider for Medicare and MaineCare, private insurance, and managed care companies. We have State funds to treat persons who meet residency and income guidelines.

Confidentiality

Privacy and confidentiality are essential aspects of successful treatment. Addiction Resource Center adheres to the strictest confidentiality rules. No one can know who is receiving treatment at ARC without the client's written permission or a court order.



***We can help!
Call us today.***

In BRUNSWICK

(207) 373-6950

In DAMARISCOTTA

(207) 563-2311

(800) 244-3805 TOLL FREE